

Most restaurants have vegetarian options for both entrée and mains. (Be warned, in Australia “entrée” is an appetiser before the main course, not the main course as it is in North America.) Vegan meals are less common in Australia than in North America, but are usually available.

Some of the very top (and very expensive) restaurants have excellent separate vegetarian menus or a vegetarian degustation. Amongst these are Ezard, Pearl, Attica, Jacques Reymond, Moon Under Water, Matteo’s. In each case, expect excellent vegetarian food. The prices vary from moderate to very high.

Some 100% vegetarian restaurants are listed below. You can find recommended vegetarian restaurants on Happy Cow:
<http://www.happycow.net/australia/victoria/melbourne/>

Moroccan Soup Bar (Highly recommended. No written menu. I recommend order the banquet.)
183 St Georges Rd
Fitzroy North
+61 3 9482 4240

Lentil as Anything (Quirky. No prices. You pay what you think the meal is worth.)
1 St Heliers Street (at the old Abbotsford Convent)
Abbotsford
+61 3 9419 6444

Shakahari (Slightly up market, but good quality. Melbourne’s oldest vegetarian restaurant.)
201-203 Faraday St
Carlton
+61 3 9347 3848

White Lotus Vegetarian Restaurant (Specialising in mock meats.)
185 Victoria Street
West Melbourne
+61 3 9326 6040

Vegie Bar (Slightly unexciting but 100% vegetarian.)
380 Brunswick St
Fitzroy
+61 3 9417 6935

Om Vegetarian (Hare Krishna, \$6.50 all you can eat.)

28 Elizabeth St
Level 1
Melbourne
+61 3 9663 0062

Mr Natural Gourmet Vegetarian Pizza
469 Brunswick St
Fitzroy North
+61 3 9481 7775

Lord of the Fries (100% vegetarian burgers and fries. Great fries
with yummy vegetarian/vegan sauces.)
45 Swanston St, Melbourne (Corner of Flinders Lane)
Corner Elizabeth & Flinders Streets
Flinders Street Station
Melbourne Central Shopping Centre

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